

Arturo Quintanilla, MD

Board Certified Pediatrician

Post-graduate training:

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• DEVELOPMENTAL MILESTONES: 0 - 1 Month.

Fine & Gross motor:

- Makes jerky arm thrusts and brings hands within range of eyes and mouth.
- Moves head from side to side while lying on his stomach.
- Keeps hands in tight fists but periodically opens his hands.
- Strong reflex movements, such as grasping, rooting, sucking reflexes.

Social/Visual/Hearing:

- Spontaneous smile, especially during sleep.
- Focuses with both eyes 8 - 12 inches away.
- Prefers black-and-white or high contrast patterns.
- Prefers the human face to other patterns.
- Recognizes and may turn towards familiar sounds and voices.
- Cooing.

Appropriate toys for this age:

- Mobile with highly contrasting colors or patterns.
- Unbreakable mirror securely attached to inside of crib.
- Music boxes with soft music.
- Soft, brightly colored and patterned toys with gentle sounds.